

# SIGN UP FOR A COACHING MASTERCLASS



**Professor Frank Dick, OBE**, is a world leader in sports coaching having worked as the Head Coach for UK Athletics and as a personal coach to legends such as Daley Thompson, Steve Ovett and Sebastian Coe. President of the European Athletics Coaching Association and Creator of the IAAF Coaches Academy, he has over 40 years of coaching experience.



**Khotso Mokoena**, Olympic Games, Commonwealth Games and World Championships medallist, he is one of the superstars of South African athletics. He is in training for the Tokyo Games and is the athletes' representative for the SA Sports Coaching Association (SASCA).

## What's the course?

A 12-week **VIDEO** coaching programme that will empower you with the support and materials to hit the ground running when these uncertain #Covid-19 times are behind us.

## How much?

R1200 for the full 12-week coaching programme for SASCA Members

R1500 for the full 12-week coaching programme for SASCA Non-Members

## Easy sign up

### SASCA MEMBERS

Simply follow the link [here](#)

### NON-SASCA MEMBERS

Simply follow the link [here](#)